

NP-AHEC wants to come to your school! We have a growing inventory of presentations to help your students learn about various health topics, parts of the human body, and healthcare careers. If you would like an AHEC representative to present to your students, please call (308) 635-6712.

Choose from the following presentations.

What is a Watershed? – This presentation promotes environmental responsibility as it pertains to our waterways. In addition to explaining the water cycle in both discussion and song form, it shows what a watershed is, why watersheds exist, and offers suggestions for keeping our water clean and healthy.

How the Heart Works – This presentation investigates the human heart; its parts and its function. It shows how the heart is part of a holistic system. Students will actually listen to each other's heartbeats and calculate resting and active pulse rates.

How the Ear Works – This presentation teaches students how we hear. The nature of sound is investigated, and the parts of the ear are identified. An explanation of how the parts work together is included in both discussion and song form.

Blood Pressure – What's That All About? – This presentation explains what blood pressure is and why it's important. Students will learn how to measure blood pressure through the use of actual sphygmomanometers.

Career Exploration – This presentation investigates careers by showing students different factors that affect career choice. It stresses the value of education and promotes self-assessment. Healthcare careers are highlighted, and students are taught why the healthcare industry is a good career choice.

The Health Effects of Space Travel – This presentation examines not only what they are, but why they are and how they pose a threat to human life and to space exploration. It stresses the fact that the human body is a holistic system, and how all health matters are related.

Binary Math: From Othello and Mastermind to Computer Programming – Playing games is a great way to learn about math. This presentation teaches the basics of these games, and relates those basics to computer programming, teaching binary math along the way.

Coming soon:

How the Digestive System Works

If you have an idea or a topic you would like us to cover, please let us know! We can be reached at www.np-ahec.org or (308) 635-6711.